

www.breathmatters.org

Virginia Pulmonary Rehabilitation Facilities

Most pulmonary rehabilitation facilities require a doctor's prescription to attend. If there is not a facility in your area, after clearing exercise with your doctor, check into gym membership. Many senior centers offer exercise programs for low or no cost. Check www.craigslist.com for used exercise equipment including treadmills. Or, just put on your sneakers and go for a walk.

Alexandria, VA

Inova Alexandria Hospital
4320 Seminary Road
(703) 504-3398

<http://www.inova.org/healthcare-services/rehabilitation/locations/inova-alexandria-hospital/index.jsp>

Arlington, VA

Virginia Hospital Center
1701 N George Mason Drive
(703) 558-6271

<http://www.virginiahospitalcenter.com/medical/cardiology/treatments/rehabilitation.aspx>

Bedford, VA

[Bedford Memorial Hospital](#)

1613 Oakwood St.
(540) 586-2441

<http://www.carilionclinic.org/Carilion/Cardiac+and+Pulmonary+Rehabilitation>

Charlottesville, VA

Martha Jefferson Hospital
Outpatient Care Center / Cardiopulmonary Fitness & Rehab
595 Peter Jefferson Pkwy
(434) 654-4501

<http://www.marthajefferson.org/locations-occ.php>

Chesapeake, VA

Chesapeake Regional Medical Center
736 Battlefield Blvd., North
(757) 312-6132

<http://www.chesapeake regional.com/pulmonary-rehab>

Christiansburg, VA

[Carilion New River Valley Medical Center](#)
2900 Lamb Circle

(540) 731-2000

<http://www.carilionclinic.org/Carilion/Cardiac+and+Pulmonary+Rehabilitation>

Culpeper, VA

Culpeper Regional Hospital

501 Sunset Lane

(540) 829-4126

<http://www.culpeperhospital.com/svcCardioPulmonaryRehab.html>

Falls Church, VA

Inova Fairfax Hospital

3300 Gallows Road

(703) 776-3392

<http://www.inova.org/healthcare-services/lung-transplant/pulmonary-rehab/index.jsp>

Farmville, VA

Centra Stroobants Heart Center

900 West 3rd Street

(434) 392-3205

<http://cardiology.centrahealth.com/services/pulmonary-health-and-rehabilitation>

Fredericksburg, VA

Mary Washington Hospital

Cardiopulmonary Health and Fitness

1201-B Sam Perry Blvd. Suite 240

(540) 741-1348

<http://www.marywashingtonhealthcare.com/vhvi/vhvi-services/welcome-to-cardiopulmonary-rehabilitation>

Front Royal, VA

Warren Memorial Hospital

120 North Commerce Avenue

(540) 636-0279

<http://www.valleyhealthlink.com/c&prehab>

Gretna, VA

Gretna Medical Center

1220 West Gretna Road

(434) 656.8535

<http://cardiology.centrahealth.com/services/pulmonary-health-and-rehabilitation>

Harrisonburg, VA

Rockingham Memorial Hospital

2010 Health Campus Drive

(540) 689-1888

<http://www.rmhonline.com/RMHServices/PulmonaryServices/Rehabilitation/tabid/216/Default.aspx>

Leesburg, VA

Inova Physical Therapy Center – Lansdowne
44045 Riverside Parkway
(703) 858-6674

<http://www.inova.org/healthcare-services/rehabilitation/locations/inova-loudoun-hospital/index.jsp>

Lexington, VA

[Carilion Stonewall Jackson Hospital](#)

1 Health Circle
(540) 458-3300

<http://www.carilionclinic.org/Carilion/Cardiac+and+Pulmonary+Rehabilitation>

Luray, VA

Page Memorial Hospital
200 Memorial Drive
(540) 843-4577

<http://www.valleyhealthlink.com/c&prehab>

Lynchburg, VA

Centra Stroobants Heart Center
1901 Tate Springs Road
(434) 200-3431

<http://cardiac.centrahealth.com/services/pulmonary-health-and-rehabilitation>

Newport News, VA

Riverside Regional Medical Center
12200 Warwick Blvd Suite 210
(757) 534-5854

<http://www.riversideonline.com/rrmc/pulmonary-rehabilitation.cfm>

Norfolk, VA

The Therapy Center
400-B W. 21st St.
(757) 252-5340

http://www.sentara.com/HospitalsFacilities/Therapy-Services/Therapy-Centers/Pages/the_therapy_center.aspx

Pearisburg, VA

[Carilion Giles Community Hospital](#)

159 Hartley Way
(540) 921-6000

<http://www.carilionclinic.org/Carilion/Cardiac+and+Pulmonary+Rehabilitation>

Portsmouth, VA

Bon Secours Maryview Medical Center

3636 High St

(757) 398-2449

<http://www.bonsecourshamptonroads.com/our-services-heart-and-vascular-pulmonary-rehab.html>

Richmond, VA

Henrico Doctors' Hospital

1602 Skipwith Road

(804) 289-4982

<http://henricodoctors.com/CustomPage.asp?PageName=Rehab>

HealthSouth Rehabilitation Hospital of Virginia

5700 Fitzhugh Avenue

(804) 673-4410

http://www.healthsouthrichmond.com/outpatient_programs.asp

Chippenham Hospital

7101 Jahnke Road

(804) 323-8857

<http://www.cjwmedical.com/CustomPage.asp?guidCustomContentID=%7B73808CCB-355F-11D4-A2E0-00508B62BE1F%7D#pulmonaryrehab>

Roanoke, VA

[Carilion Roanoke Memorial Hospital](#)

1906 Belleview Ave.

(540) 981-7000

<http://www.carilionclinic.org/Carilion/Cardiac+and+Pulmonary+Rehabilitation>

Rocky Mount, VA

[Carilion Franklin Memorial Hospital](#)

180 Floyd Ave.

(540) 483-5277

<http://www.carilionclinic.org/Carilion/Cardiac+and+Pulmonary+Rehabilitation>

South Boston, VA

Halifax Regional Health System

2204 Wilborn Ave

(434) 517- 3846

<http://hrhs.netreturns.biz/healthinfo/story.aspx?StoryID=792ed69e-f10a-4748-b6e3-a0b999543a05>

South Hill, VA

Community Memorial Healthcenter
125 Buena Vista Circle
(434) 447-3151 x3214
<http://www.cmh-sh.org/content/CardiacRehab.htm>

Suffolk, VA

Sentara Obici Rehabilitation Services
2800 Godwin Boulevard
(757) 934-4653
http://www.sentara.com/HospitalsFacilities/Therapy-Services/Therapy-Centers/Pages/sentara_obici_rehabilitation_services.aspx

Virginia Beach, VA

Bayside Therapy Center
816 Independence Blvd., Suite 3F
(757) 363-6178
http://www.sentara.com/HospitalsFacilities/Therapy-Services/Therapy-Centers/Pages/bayside_therapy_center.aspx

Hilltop Therapy Center
1725 Laskin Road, Suite 535
(757) 333-7000

http://www.sentara.com/HospitalsFacilities/Therapy-Services/Therapy-Centers/Pages/hilltop_therapy_center.aspx

Indian River Therapy Center
5660 Indian River Road, Suite 121
(757) 961-4974

http://www.sentara.com/HospitalsFacilities/Therapy-Services/Therapy-Centers/Pages/indian_river_therapy_center.aspx

Warrenton, VA

Fauquier Health System, Wellness Center
419 Holiday Court, Suite 200
(540) 316-2650
<http://www.fauquierhospital.org/body.cfm?id=524>

Williamsburg, VA

Sentara Williamsburg Regional Medical Center - Outpatient Rehabilitation Services
100 Sentara Circle
(757) 984-7125
http://www.sentara.com/SiteCollectionDocuments/Sentara/PDFs/Pulmonary_Rehab_Brochure.pdf

Winchester, VA

Winchester Medical Center
1840 Amherst Street
(540) 536-8188

<http://www.valleyhealthlink.com/c&prehab>

Woodbridge, VA

Sentara Potomac Hospital

2300 Opitz Blvd

(703) 670-1881

<http://www.potomachospital.com/services/pulmonaryrehab.asp>

Woodstock, VA

Shenandoah Memorial Hospital

759 South Main Street

(540) 459-1148 22664

<http://www.valleyhealthlink.com/c&prehab>

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